

## TEIFI VALLEY TRAIL

A unique trail of diverse landscapes following the Teifi River from its source at Teifi Pools in the Cambrian Mountains; through Cors Caron, a national nature reserve; through woods and farmlands to the Teifi River's mouth.

This trail is an ideal way for communities to promote their local businesses, attractions and accommodation to walkers eager to enjoy the wildlife, heritage and culture of the Teifi Valley.



## THE FUTURE IS CIRCULAR

The Celtic Circle will join together the Teifi Valley Trail, the Welsh Coast Path and other established footpaths to complete a much anticipated circular route of 170 miles of excellent walking.



## WORKING IN PARTNERSHIP

The Teifi Valley Trail is being created by the Walkers are Welcome accredited communities of Tregaron, Lampeter, Llandysul & Pont-Tyweli, Cilgerran, St Dogmaels and Cardigan Ramblers.

Carmarthenshire, Ceredigion and Pembrokeshire County Councils are very supportive of the TVT project, which almost exclusively uses existing public rights of way.

We have much evidence already in Wales showing how walkers boost local economies with minimal negative social and environmental impact.

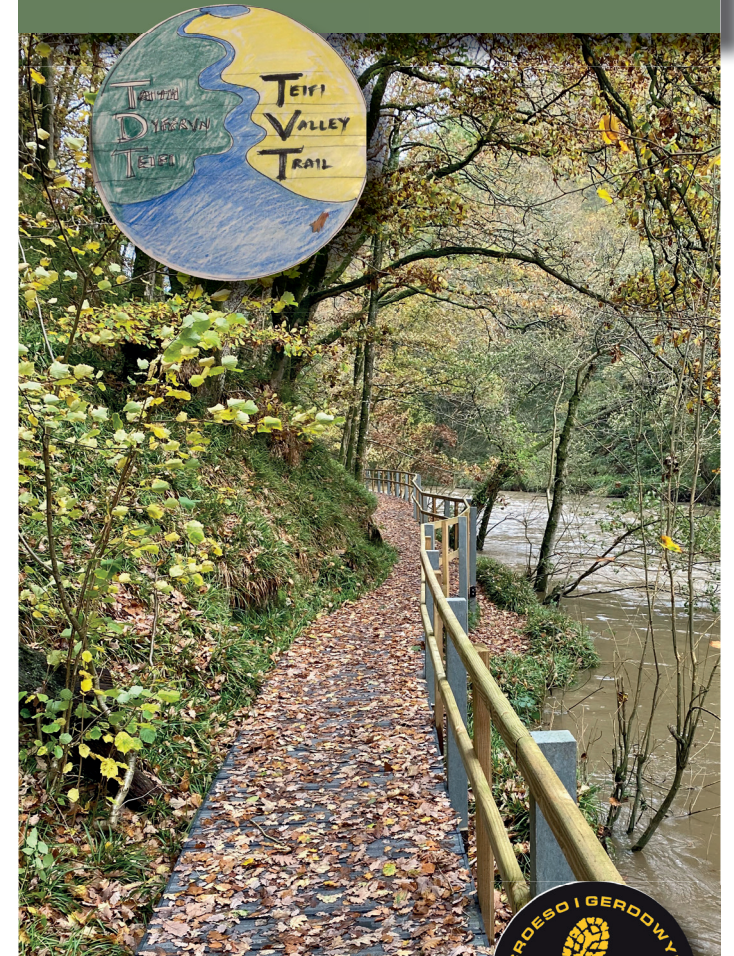


## INVEST IN OUR COMMUNITIES

- Watch our promotional videos:  
English: <https://bit.ly/TVT-English>  
Welsh: <https://bit.ly/TVT-Welsh>
- Sign up for more information at [info@teifivalleytrail.wales](mailto:info@teifivalleytrail.wales)
- Spread the word and help us raise funds to promote this trail whilst at the same time promoting local businesses and attractions.



## COMING SOON TEIFI VALLEY TRAIL



The Teifi Valley Trail (TVT) is an exciting new 75 mile long-distance footpath following the Teifi River from source to sea.

The TVT connects abbey to abbey (Strata Florida to St Dogmaels) but also villages, mill and market towns along the length of the Teifi Valley.

